

Prostate Biopsy: The Day Of

In the Waiting Room:

- RELAX. We will take great care of you.
- If you were prescribed Valium, please ask the front desk when you should take it.
- **Before the biopsy, we will:**
 - Obtain a urine specimen
 - Check your blood pressure, heart rate, etc
 - Provide you with an antibiotic injection

During the Procedure:

- The biopsy will take anywhere from 20-45 minutes.
- The medical assistant/nurse will position you for the procedure.
- An ultrasound probe is placed in the rectum and approximately 12-18 biopsy samples are taken during the biopsy either through the rectum (transrectal) or below the scrotum (transperineal).

Expectations & Aftercare:

- **Will it hurt?**
 - You may feel pressure or quick pinches.
 - Most men describe **mild to moderate discomfort**.
- **Aftercare**
 - You can expect **blood in the urine and stool** for 1-2 weeks and should improve. **Blood in semen** can last several weeks and is normal.
 - If you develop any **fevers or chills (>101F)**, please call the office and proceed to the nearest ER immediately.
 - Please avoid sexual and strenuous activity for 7 days.
 - You may take Tylenol for pain as needed. An ice pack may help as well.



Follow-up:

- We will have the results in ~2 weeks.
- You will be given an appointment in 2 weeks with your urologist or nurse practitioner to review the results.