

URS/ Laser Lithotripsy/ Stent

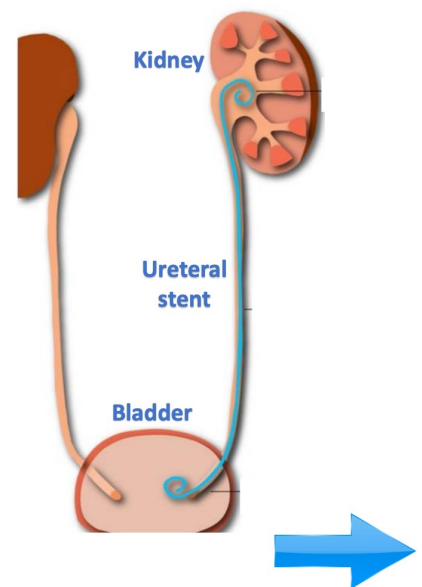
Patient Guide

Prior to Surgery

- At your clinic visit, your surgeon will review with you (1) your anatomy, (2) stone size, (3) stone location, and (4) risks and benefits of the procedure.
- Up to 6 weeks before your procedure, your surgeon will collect a urine culture to ensure there is no UTI. If so, he/she will prescribe an antibiotic to start within the week prior to surgery.
- If you take any blood thinners (ie: Xarelto, Eliquis, Aspirin), please discuss with your surgeon prior.
- The hospital will call you 1-2 days prior to surgery to confirm arrival time and location.
- No eating or drinking after midnight prior to your procedure unless otherwise instructed.
- Your surgeon will meet you in the pre-operative area before surgery and review consent.

During Surgery

- Your procedure requires 1-3 hours of general anesthesia.
- Your surgeon may decide to leave a stent at the end of surgery. The stent may be attached to a string at the end of your urethra. If so, he/she will instruct you or a family member when it can be removed.
- Once you have recovered from anesthesia and are able to void, you will be discharged after surgery on the same day.



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After Surgery

- You may experience (1) pain with urination, (2) stent discomfort, (3) blood in the urine, (4) bladder spasms, among others. **This is all normal!**
- Your doctor may prescribe:
 - ✓ **Phenazopyridine**: to help with pain with urination. Turns urine orange.
 - ✓ **Flomax**: to prevent stent discomfort. To be taken nightly at bedtime
 - ✓ **Oxybutynin**: to prevent bladder spasms. Can cause inability to urinate.
 - ✓ **Antibiotics**: to prevent a urinary tract infection
- **Pain**: you can take Tylenol 650mg every 6 hours and alternate with ibuprofen 200mg with food (depending on your kidney function).
- Your stent can be removed at home (if on a string) or in clinic in 2-4 weeks.
- Please call our office/ send MyChart message if you have any questions!

Pain	You may experience some pain postoperatively. You may take medications noted above.
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Activity	No heavy lifting for 48 hours. Otherwise may resume normal activity day after surgery.
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Diet	Resume diet upon discharge. No restrictions.
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Driving	May resume driving day after surgery if not taking pain medications.
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School/Work	May return to work/school day after surgery.
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Intercourse	Please refrain from intercourse if stent is on a string.
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Expectations	Pain with urination & blood in urine should improve up to one week after surgery.
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When to call	If you develop fevers or chills, please go to your nearest ER or urgent care . If nonurgent, please feel free to call our office.
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