

Transurethral resection of bladder tumor (TURBT)

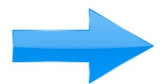
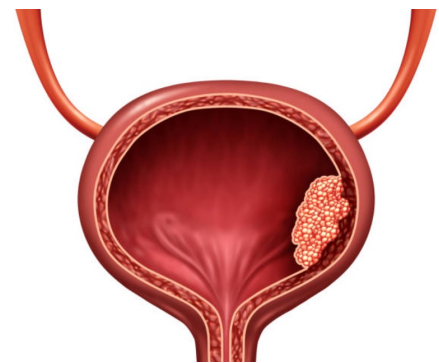
Patient Guide

Prior to Surgery

- At your clinic visit, your surgeon will review with you (1) your cystoscopic or CT scan findings and (2) risks and benefits of the procedure.
- Up to 6 weeks before your procedure, your surgeon will collect a urine culture to ensure there is no UTI. If so, he/she will prescribe an antibiotic to start within the week prior to surgery.
- If you take any blood thinners (ie: Xarelto, Eliquis, Aspirin), please discuss with your surgeon prior.
- The hospital will call you 1-2 days prior to surgery to confirm arrival time and location.
- No eating or drinking after midnight prior to your procedure unless otherwise instructed.
- Your surgeon will meet you in the pre-operative area before surgery and review consent.

During Surgery

- Your procedure requires 1-3 hours of general anesthesia.
- There will be no incisions during your procedure.
- You may be consented for chemotherapy instillation (gemcitabine) in the bladder during your procedure.
- Depending on the extent of your disease, you may require a catheter for 3-5 days after surgery



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Discharge Instructions

Expectations	You may experience (1) pain with urination, (2) blood in the urine, (3) bladder spasms, among others. This is all normal!
Pain	<p>You may experience some pain postoperatively. Your doctor <u>may</u> prescribe:</p> <ul style="list-style-type: none"> ❖ Phenazopyridine: to help with pain with urination. Turns urine orange. ❖ Oxybutynin: to prevent bladder spasms. Can cause inability to urinate. ❖ Antibiotics: to prevent a urinary tract infection <p>You can take Tylenol 650mg every 6 hours and alternate with ibuprofen 200mg with food (depending on your kidney function).</p>
Activity	No heavy lifting for 48 hours. Otherwise may resume normal activity day after surgery.
Bathing	You may shower day after surgery, but no bathtubs, jacuzzis, or swimming pools for 2 weeks or while catheter is in place.
Diet	You may gradually resume your normal diet after surgery. Please take a laxative as needed to prevent constipation. This can aggravate bleeding in urine.
Driving	May resume driving once catheter is removed or one week after surgery if not taking any pain medications.
Work/School	You may return to work/school 1-2 days after surgery depending on your work.
Intercourse	Please refrain from intercourse for two weeks after surgery or when catheter is in place.
When to call	<p>Please call your surgeon (or in severe cases, present to the ER) if any of the following occur:</p> <ul style="list-style-type: none"> ❖ you have a fever >101 F ❖ You experience eavy bleeding or clots in urine or catheter stops draining. ❖ you experience shortness of breath or chest tightness ❖ your pain is not controlled with medication
Follow-up	We will see you in clinic within the week to remove your catheter or within 2-3 weeks to review pathology. Please call our office if you do not have an appointment already.