

Mitomycin C or Gemcitabine/ Docetaxel Patient Instructions

Your doctor has prescribed mitomycin C or gemcitabine/docetaxel to be instilled into your bladder. These are chemotherapy medications used to treat non-muscle invasive bladder cancer. It is administered directly into the bladder (intravesical instillation) to reduce the risk of cancer recurrence. Please follow these instructions carefully to ensure safe and effective treatment.

✓ Before Your Treatment

- Decrease fluid intake the day before and the day of treatment
- Take 1.3 grams of **sodium bicarbonate**: (1) night before and (2) morning of the procedure. This will be prescribed to your pharmacy.
- Do not urinate immediately before arriving; try to keep your bladder full.



During the Procedure

- A catheter will be inserted through your urethra to place the drug into your bladder.
- You will be asked to retain the medication in your bladder for approximately 1 to 2 hours.
- During this time, you may be instructed to change positions to help coat your bladder evenly.
- If you are receiving Gem/Doce, you will be asked to hold the gemcitabine for one hour followed by the docetaxel.



After the Treatment

- At home, sit down to urinate for the next 6 hours to minimize splashing.
- Add 2 cups of bleach to the toilet after the first urination and allow it to sit for 15 minutes before flushing. If this is not possible, flush the toilet twice.
- Wash your hands thoroughly after each use.



Common Side Effects

- Burning or discomfort during urination
- Urgency or frequency of urination
- Mild abdominal cramping



Contact Your Doctor If You Experience:

- Fever or chills
- Blood in your urine
- Severe bladder pain
- Inability to urinate

