

Adult Circumcision

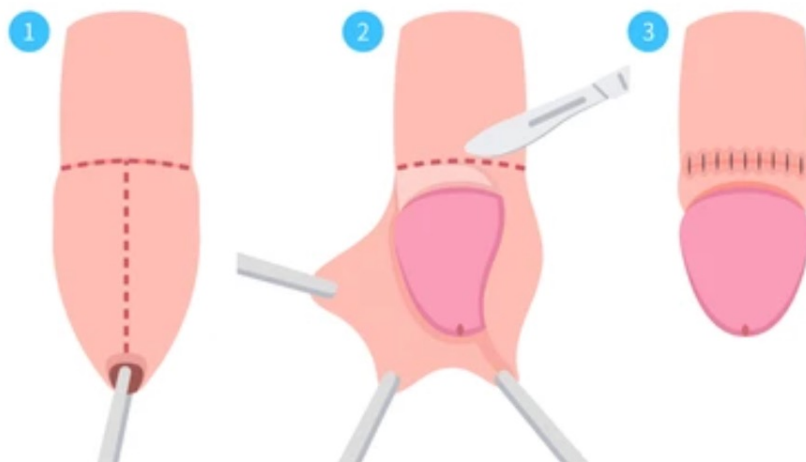
Patient Guide

Prior to Surgery

- At your clinic visit, your surgeon will review with you (1) your anatomy and (2) risks and benefits of the procedure. Risks of the procedure, though low, include (1) poor cosmesis, (2) poor wound healing, (3) skin tethering, among others.
- If you take any blood thinners (ie: Xarelto, Eliquis, Aspirin), please discuss with your surgeon prior.
- The hospital will call you 1-2 days prior to surgery to confirm arrival time and location.
- No eating or drinking after midnight prior to your procedure unless otherwise instructed.
- Your surgeon will meet you in the pre-operative area before surgery and review consent.

During Surgery

- Your procedure requires approximately 1.5 hours of general anesthesia.
- Your penis will be wrapped with gauze.
- Once you have recovered from anesthesia, you will be discharged same day.



Adult Circumcision(2)

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After Surgery

- The gauze around your penis can be removed 24 hours of surgery. It may fall off prior- **THAT IS OKAY!**
- **Shower:** You may shower 24 hours after the procedure. Allow water and soap to run over your incision. Do not scrub. The sutures will dissolve in 2-4 weeks.
- **Medication:**
 - Please apply bacitracin ointment (can be picked up at your local pharmacy) around the incision twice daily for 2 weeks
 - Pain- you may take Tylenol 650mg every 6 hours and alternate with ibuprofen 200mg with food. Your surgeon may prescribe Celebrex as well (depending on your kidney function)
 - You may ice the incision if needed

Pain	You may experience pain postoperatively. You may take medications noted above.
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Activity	No heavy lifting or strenuous exercise for one week after surgery.
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Diet	Resume diet upon discharge. No restrictions.
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Driving	May resume driving day after surgery if not taking pain medications
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School/Work	You may return to work/school 2 days after surgery
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Intercourse	Please refrain from intercourse until your sutures dissolve, generally 3 weeks
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Expectations	Your penis WILL look abnormal for up to 2 months after surgery. Please give it time to heal.
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When to call	If you notice penile swelling, bleeding, severe bruising, or the incision coming apart, please call our office straightaway and upload a picture in MyChart.
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