



Aventura
20801 Biscayne Blvd
Suite 203
Aventura, FL 33180
(305)682-2580

Memorial Regional
1150 North 35th Avenue
Suite 670
Hollywood, FL 33021
(954)844-9520

Memorial West
601 North Flamingo Road
Suite 401
Pembroke Pines, FL 33028
(954)844-9520

Utsav Bansal, MD

Prostate Biopsy Instructions

Biopsy Date: _____ **Time:** ____:____

- 1) Stop taking all **blood thinners** 7 days prior to your biopsy
(Coumadin, Aspirin, Ibuprofen, Excedrin, Fish oil)
 - 2) Take **cipro 500mg** twice daily for 3 days (7a & 7p):
Day before | Day of biopsy | Day after
 - 3) Please perform **fleet enema** morning of your procedure (7am)
 - 4) **Eat breakfast** prior to your biopsy
 - 5) If **Valium** was prescribed, please take after checking in at the office. Please have a driver for your appointment.
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Pick up from pharmacy:

- 1) Cipro 500mg twice daily
- 2) Fleet enema x 1
- 3) OPTIONAL: Valium 5-10mg

Post-procedure

You can expect blood in your urine and in your stool for up to 1 week.

If your symptoms worsen or if you have fevers or chills, please present to your local ER and notify our office.